

Au rythme des saisons avec Ansamble

Janvier

Ananas	Ail	Épinard
Citron	Betterave	Fenouil
Clémentine	Carotte	Mâche
Kiwi	Céleri	Navet
Orange	Chou-fleur	Oignon
Pamplemousse	Chou de B.	Panais
Poire	Chou rouge	Poireau
Pomme	Courge	P. de terre
	Cresson	Potimarron
	Échalote	Radis blanc
	Endive	Salsifis
		Topinambour



Juillet

Abricot	Mûre
Cassis	Myrtille
Figue	Nectarine
Fraise	Pastèque
Framboise	Pêche
Groseille	Prune
Melon	Tomate



Ail	Échalote
Artichaut	Fenouil
Aubergine	Haricot vert
Betterave	Laitue
Blette	Mais
Brocoli	Oignon
Carotte	Petits pois
Céleri	Poireau
Chou romanesco	Poivron
Concombre	P. de terre
Courgette	Radis rose



Septembre

Banane	Ail	Épinard
Figue	Artichaut	Fenouil
Melon	Aubergine	Haricot vert
Mirabelle	Betterave	Laitue
Mûre	Blette	Mâche
Myrtille	Brocoli	Mais
Noisette	Carotte	Oignon
Céleri	Céleri	Patate douce
Poivron	Pastèque	Petits pois
P. de terre	Poire	Poireau
Radis rose	Pomme	Chou-fleur



Octobre

Banane	Châtaigne	Myrtille	Pomme
Ail	Coing	Noisette	Raisin
Châtaigne	Figue	Poire	
Céleri			
Poivron			
P. de terre			
Radis rose			



Février

Citron	Pamplemousse
Clémentine	Poire
Kiwi	Pomme
Orange	

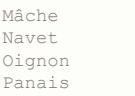
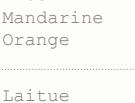
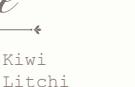
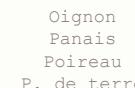
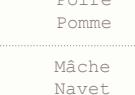
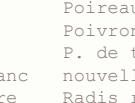
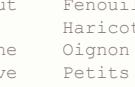
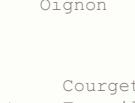
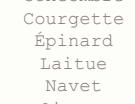
Ail	Frisée
Betterave	Mâche
Carotte	Navet
Céleri	Oignon
Chou-fleur	Panais
Chou de B.	Poireau
Chou rouge	P. de terre
Courge	Salsifis
Cresson	Topinambour
Échalote	
Endive	



AVRIL

Citron	Pamplemousse
Clémentine	Pomme
Kiwi	Rhubarbe

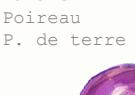
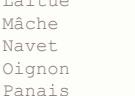
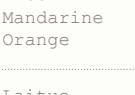
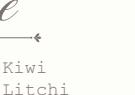
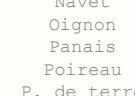
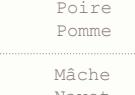
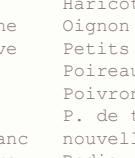
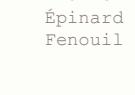
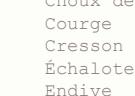
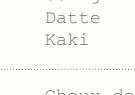
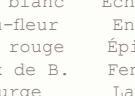
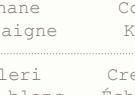
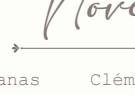
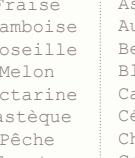
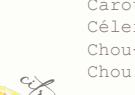
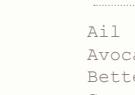
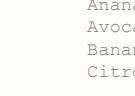
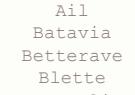
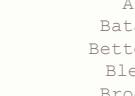
Ail	Endive
Artichaut	Épinard
Asperge	Navet
Betterave	Oignon
Elette	Petits pois
Carotte	Poireau
Chou rouge	P. de terre
Échalote	nouvelle
Endive	Radis rose



Mars

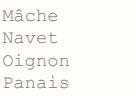
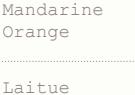
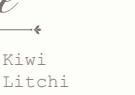
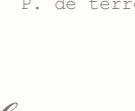
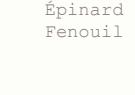
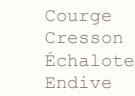
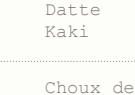
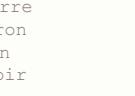
Citron	Pamplemousse
Clémentine	Pomme
Kiwi	

Ail	Chou de B.
Asperge	Panais
Betterave	Poireau
Elette	Salsifis
Carotte	Topinambour
Chou-fleur	



Octobre

Banane	Châtaigne	Myrtille	Pomme
Ail	Coing	Noisette	Raisin
Châtaigne	Figue	Poire	
Céleri			
Poivron			
P. de terre			
Radis rose			



Décembre

Ananas	Clémentine	Kiwi	Pamplemousse
Avocat	Coing	Litchi	Poire
Banane	Datté	Mandarine	Pomme
Citron	Kaki	Orange	
Ail	Choux de B.	Laitue	Potimarron
Avocat	Courge	Mâche	Potiron
Betterave	Cresson	Navet	Radis noir
Carotte	Échalote	Oignon	Topinambour
Céleri	Endive	Panais	
Chou-fleur	Épinard	Poireau	
Chou rouge	Fenouil	P. de terre	

